

yorkcvs

Annual General Meeting

Wednesday 8 December 2021, 14:00-16:00

Welcome and Introductions

David Harbourne
Chair, York CVS

Chair's Report

David Harbourne
Chair, York CVS

Approval of Annual Report and Accounts 2020/21

David Harbourne
Chair, York CVS

Richard Weston
Treasurer, York CVS

Approval of Accounts



- **2020/21**
 - **Income**
 - **Expenditure**
 - **Reserves Movement**
 - **Transfers Between Funds**
-

2020/21



Income and Expenditure Account	2021	2020
Income	£1,090,198	£1,168,861
Expenditure	<u>(£1,008,852)</u>	<u>(£1,145,116)</u>
Surplus for the year	£81,346	£23,745
Net gains on investment	<u>75,431</u>	<u>-</u>
Net movement in funds	<u>£156,777</u>	<u>£23,745</u>

- Income has decreased marginally to £1.1m in 2021
- Expenditure has also decreased marginally to £1m
- We are showing an underlying surplus for the year of **£81,346** with a net gain on investment increasing the surplus for the year to **£156,777**.

Income



Income	2021
Donations	2,048
Grants and contracts	223,683
Room Hire & Services (Commercial)	120,068
Project Income	713,852
Investment Income	2,844
CJRS Income	£27,703
Total Income	<u>£1,090,198</u>

- Project Income accounted for 65% of total income with 11% from room hire and services provided at the Priory Street Centre, heavily impacted by the pandemic.
- Grants of £224k in the year included funding by the City of York Council, Vale of York Clinical Commissioning Group and amounts from the National Lottery.

Expenditure

Expenditure	2021
Staff costs	£661,669
Other operating costs	£322,126
Building costs	£17,140
Depreciation	£7,917
Total Expenditure	<u>£1,008,852</u>

- The Majority of our expenditure continues to be on our staff, accounting for 66% of the total expenditure in the year (*this was partially offset by CJRS income*)
- In the year there were £17,140 of costs associated with the buildings repairs and maintenance

Transfers Between Funds



Free Reserves

At 1 April 2020	£385,373
Free Reserves Surplus for the year	£60,354
Transfers in/ (out)	-
Replenished / (Spent) in the year	-
Total at 31 March 2021	<u>£445,727</u>
<i>Target Range</i>	<i>£225,000 - £425,000</i>

- With free reserves of £445,727 at the end of the year, York CVS continues to be financially viable

Approval of Accounts

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Questions?

Approval of Annual Report and Accounts



Members **APPROVED** the 2020/21 Annual Report and Accounts

Appointment of Auditors for 2021/22



Members APPROVED the continuing appointment of Armstrong Watson Audit Limited as York CVS's Auditors for 2021/22

Richard Weston
Treasurer, York CVS

Trustees



Resignations: Richard Weston, Jonah Hebron

Election: Janette Grey, *Joseph Rowntree Housing Trust*

David Harbourne
Chair, York CVS

Trustee Election



Members APPROVED the appointment of
Janette Grey

David Harbourne
Chair, York CVS

Overview of the Year 2020/21

Alison Semmence
Chief Executive, York CVS

Overview of the Year 2020/21

From March to June 2020, we supported **1,759 people** through the GP hotline.

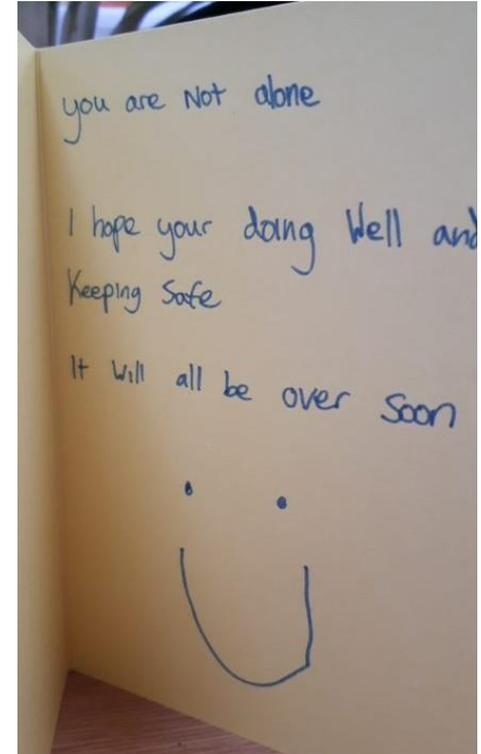


In total, **92%** needed social support.
Only **8%** needed a GP/nurse appointment.

Overview of the Year 2020/21

We were given a list of **1,000 vulnerable people** of potential concern for us to ring and offer support, including a **weekly welfare call**.

876 welfare calls were made from March to June 2020.



Overview of the Year 2020/21

**HELP YORK'S
SMALL CHARITIES
KEEP THE LIGHTS ON**



£50,000 raised

12 grants
to local voluntary
organisations

Overview of the Year 2020/21

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530 people across
105 sessions



Overview of the Year 2020/21



Overview of the Year 2020/21

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Primary Care Link Workers
SOCIAL PRESCRIBING IN YORK



Ways to Wellbeing
GROWING SOCIAL PRESCRIBING

healthwatch
York

time to change
york



York:
Human
Rights
City

DAA
York Dementia
Action Alliance



Overview of the Year 2020/21

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Overview of the Year 2020/21

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Overview of the Year 2020/21

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Overview of the Year 2020/21



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Thank you!



December 2021

York mcn Cultural Values





- Legend**
- National System Activity
 - Local System Activity
 - MCN Inquiry Area
 - System-wide Skills & Training Activity
 - Co-commissioning Activity
 - Creative Action Activity
 - Together With Young People Activity

Current activity happening across York MCN and the wider system
October 2021



York Cultural Values

Our foundation
for the future.

A learning process to better understand the culture and health of the systems and services which respond to those experiencing multiple complex needs.

York MCN Cultural Values Survey 2020: Results

**Personal
Values**

Pre-covid

**Current
Culture**

**Desired
Culture**



York MCN Cultural Values Survey 2020: Results



Personal Values



Pre-covid



Current Culture



Desired Culture



The positives

The common factor between the personal, current and desired culture is that there is energy for **change**.

Other common values:

- Community involvement
- Cross group collaboration
- Adaptability



How can the results can be used?

DEMOGRAPHICS

The participants **primary activity**
or area in which they work

Network membership or
non-membership

Roles

E.g. Frontline support, Senior Manager

Sector

*Community & Voluntary, Statutory and Lived
Experience*

Age, Ethnicity, Gender

PERSONAL VALUES

TIME

Pre-Covid System
Values & Culture

Current System
Values & Culture
(Aug 2020)

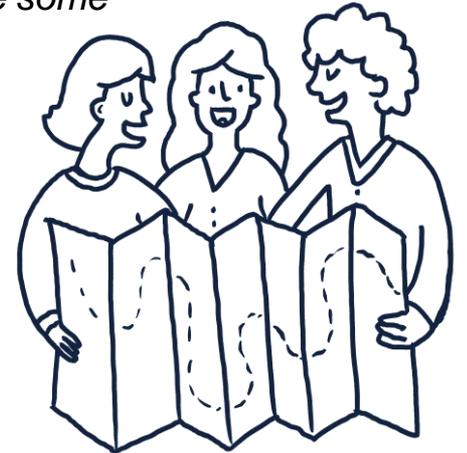
Desired System
Values & Culture



The sense-making journey

The journey so far:

- **Stage one** - we made sense of our **personal values**. We asked: *'How can we create the conditions which enable these to come about?'*
- **Stage two** - we explored the **current cultural values**. We looked at how they differ from the **desired values**. We asked: *'How can we begin to work to overcome some of the barriers and challenges we all face together?'*



The sense-making journey

The journey so far:

- **Stage three** - we did **action planning** around meaningful projects. We asked: *'How can we design for the inclusion of the desired values from the start?'*
- **Stage four** - we joined-up the dots of our learning, taking us into a period of 'doing'. We explored **tangible actions and tools to support us all to incorporate the desired values** into our lives, workplaces, teams and across the system in York.
- In **November 2021** we held a celebration event, reflecting on our learning so far, and explored practical tools that can help us make practical changes and integrate a values-based approach in our work and lives.



What now?

- Between December 2021 and May 2022, we will be going through a period of **'test and learn'**
- There will be regular **touch-point sessions** throughout this time. Visit our website to find out when these will be.
- If you'd prefer to **have a conversation** about how you might begin putting our learning into action please contact us at:
info@yorkmcn.org



“What we practice at the small scale sets the patterns for the whole system”

*Emergent Strategy: Shaping Change, Changing Worlds,
by Adrienne Maree Brown*



What does this mean for you?

- **Get involved** with the ‘test and learn’ phase of our process.
- Engage with and **learn from the results** and sense-making process
- **Undertake a cultural values process yourself**, across a partnership, organisation, agenda area, or the wider health and care system.





Catherine Scott: catherine.scott@yorkcvs.org.uk

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yorkmcn.org

[@yorkmcn](https://www.instagram.com/yorkmcn)

Thank you!

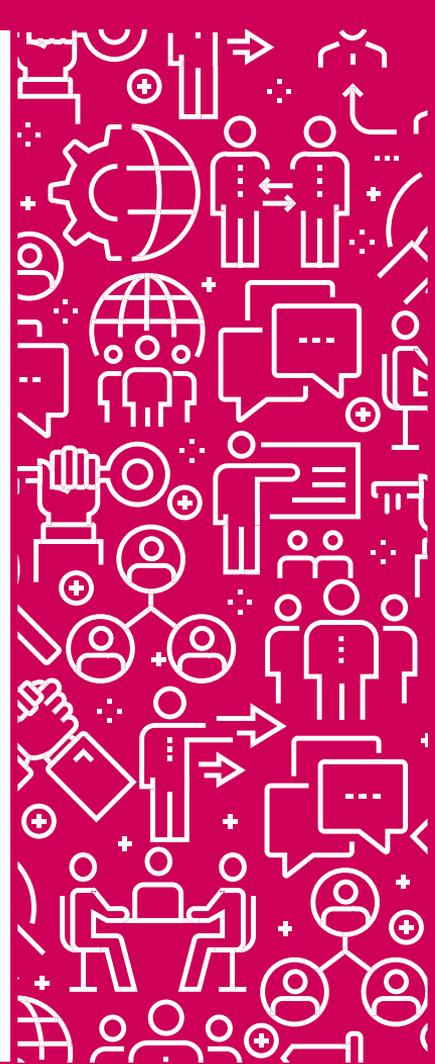
Poverty post-pandemic

York CVS

Sophia Parker, Emerging Futures Director

Twitter @mssophiaparker

8th December 2021



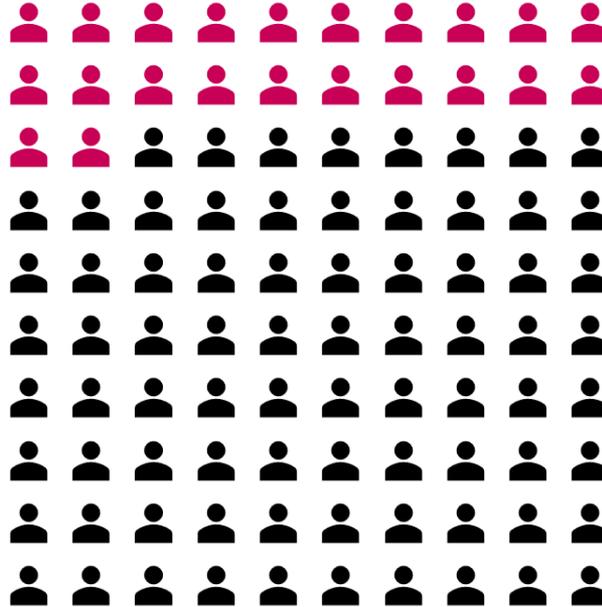
-
- Poverty pre-pandemic
 - Impact of the pandemic
 - The picture in York
 - Questions for this group



Poverty pre-pandemic



22 in every 100
people were in
poverty

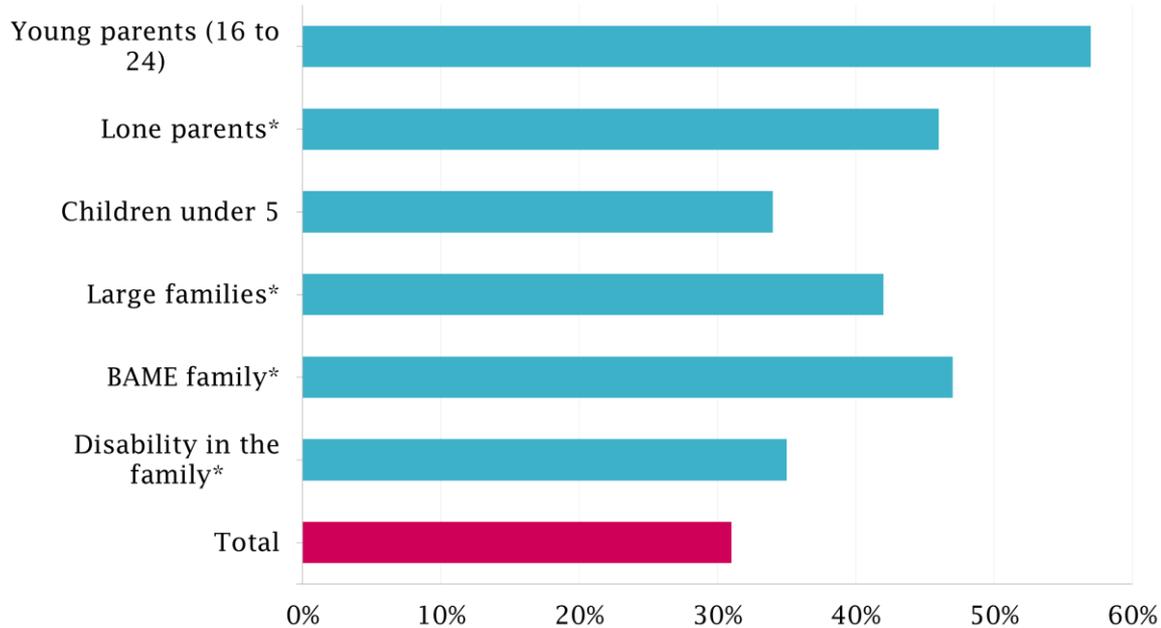


But big differences:

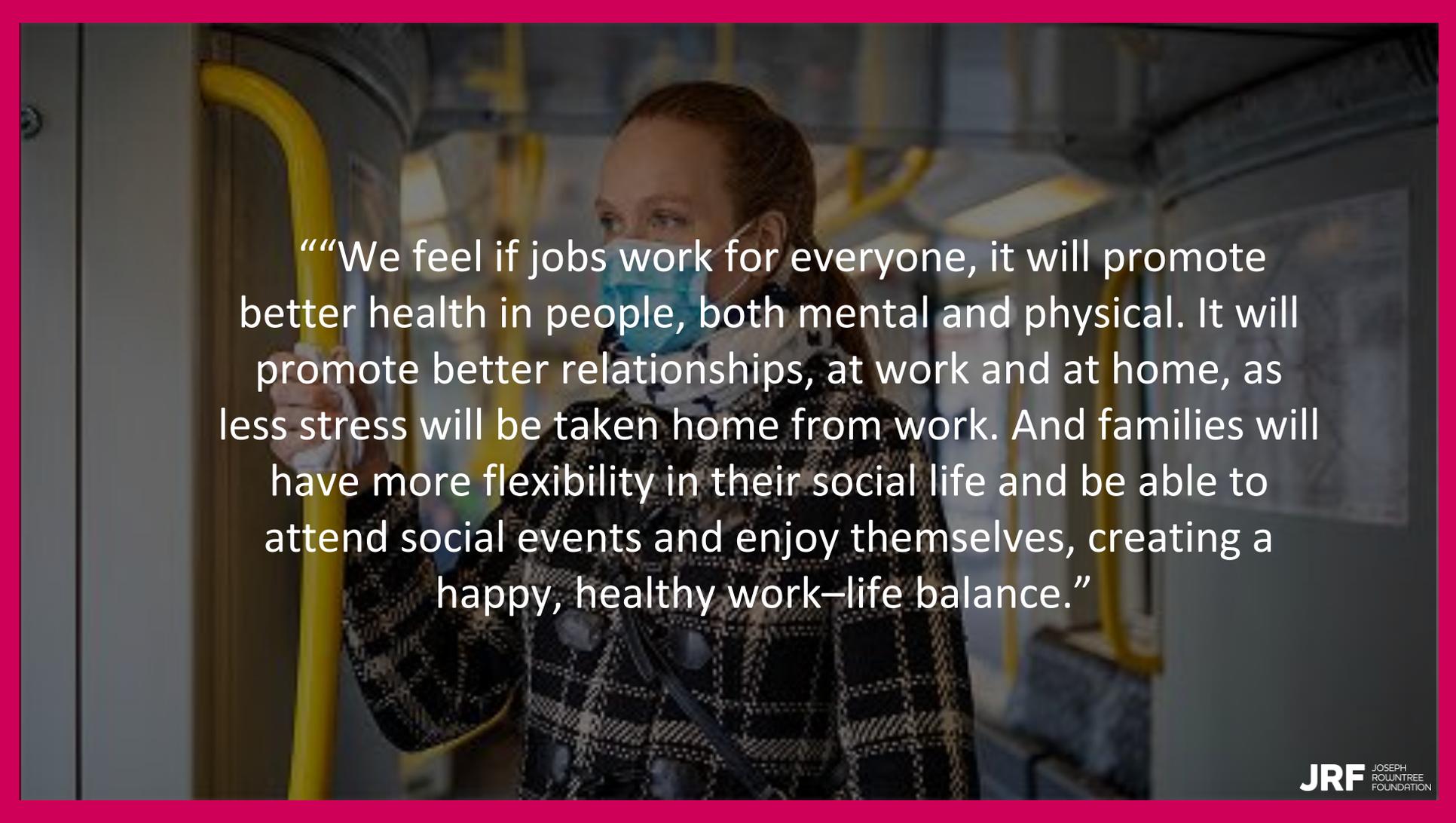
- 31 in every 100 **children** were in poverty
- 27 in every 100 **people in a family containing a disabled person** were in poverty
- 40 in every 100 **people in households headed by someone of Black ethnicity** were in poverty

Families with children

Who is most likely to experience child poverty?

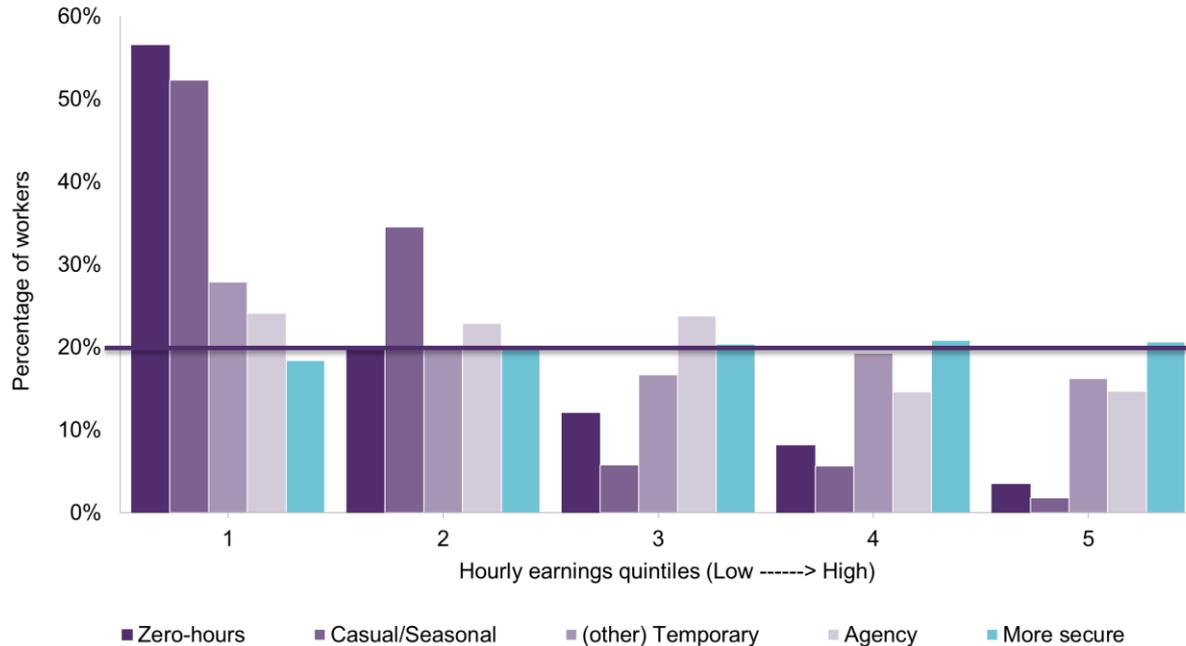


Source: Family Resources Survey 2018/19
*These figures are three year averages for 2016/17 to 2018/19

A woman with her hair pulled back, wearing a blue surgical mask and a dark patterned jacket, is standing in what appears to be a public transit vehicle. She is holding onto a bright yellow handrail. The background is slightly blurred, showing the interior of the vehicle with other yellow handrails and structural elements.

““We feel if jobs work for everyone, it will promote better health in people, both mental and physical. It will promote better relationships, at work and at home, as less stress will be taken home from work. And families will have more flexibility in their social life and be able to attend social events and enjoy themselves, creating a happy, healthy work–life balance.”

In-work poverty & poor job quality



- Low pay, not enough hours, and high insecurity leave people exposed to in-work poverty
- People on the lowest incomes are under the most pressure from insecure work.

A woman with her hair in a bun, wearing a light-colored t-shirt and hoop earrings, is smiling and talking to two young boys. The boy on the left is wearing a light blue t-shirt with a yellow stripe and is looking up at the woman. The boy on the right is wearing a blue and white striped t-shirt with a yellow stripe and is looking towards the woman. They are outdoors, with a red and white striped structure in the background.

“I'm one rent review away, one complaint away from being homeless. It's as simple as that... it's exactly how it feels... I wake up with it every day, I go to sleep with it every night.”

More private renters, high poverty rates



More private renters

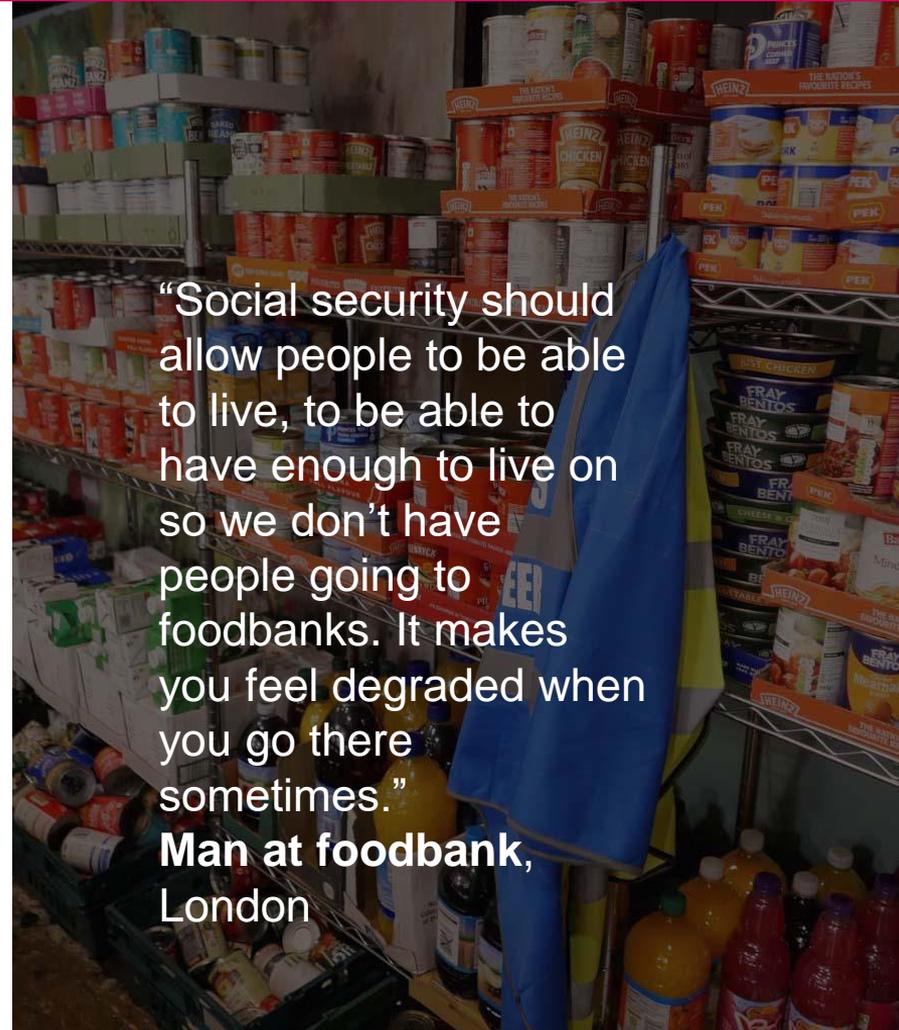


...with high rates of private renters poverty in poverty

Benefits give limited protection



- 43% of households on UC food insecure vs 8% of UK population
- 24% of working-age families on income-related benefits unable to keep up with bills/regular debt payments
- Over half of people in receipt of income-related benefits were in poverty and almost 2 in 5 were in deep poverty.
- Almost 90% who were workless due to unemployment were in poverty and 70% in deep poverty, despite receiving benefits.



“Social security should allow people to be able to live, to be able to have enough to live on so we don't have people going to foodbanks. It makes you feel degraded when you go there sometimes.”

**Man at foodbank,
London**

Impact of the pandemic





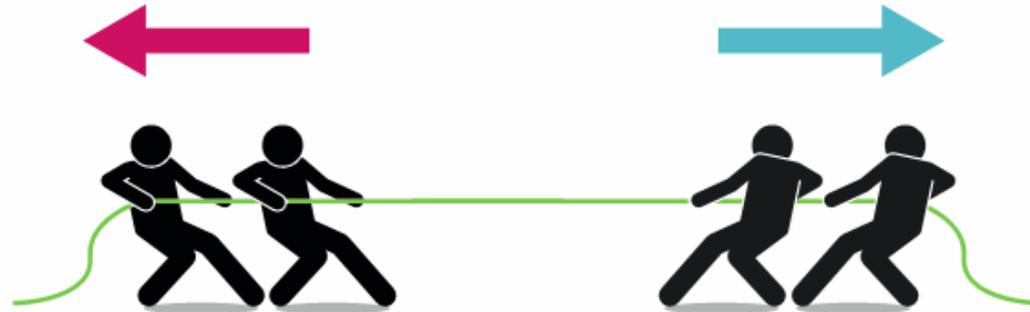
“A lot of families are really struggling and getting into debt... Times are hard, food is expensive now, the cost of everything is going up.”

Poverty during the pandemic



- Higher benefits and additional Government support
- Lower median incomes

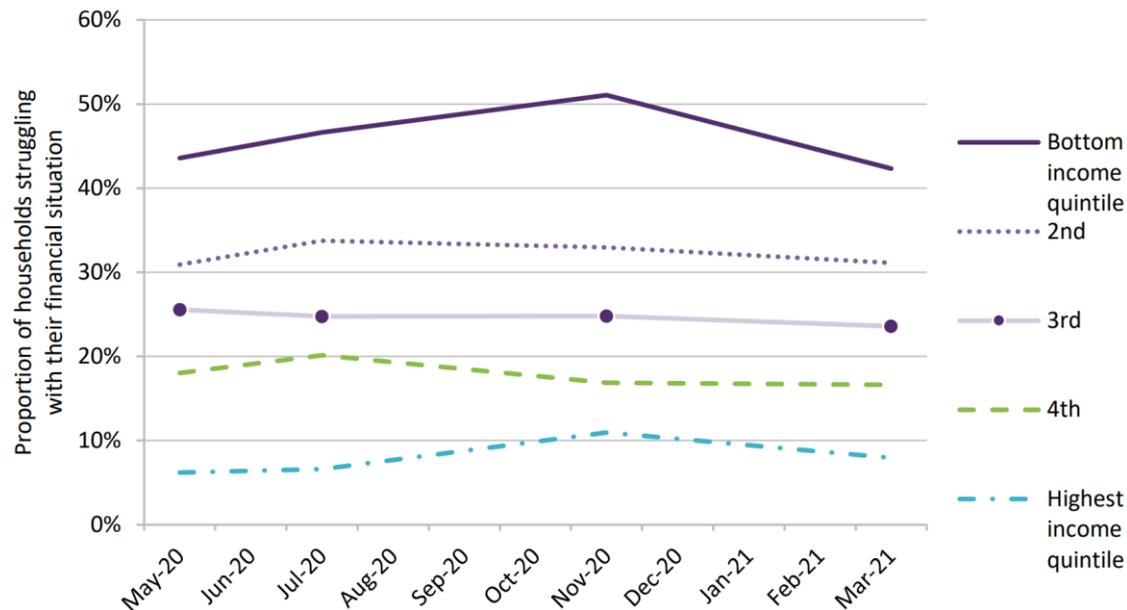
- Higher unemployment
- Lower earnings



Unequal financial impacts



Low-income households were more likely to be struggling with their financial situation throughout the pandemic than higher-income households



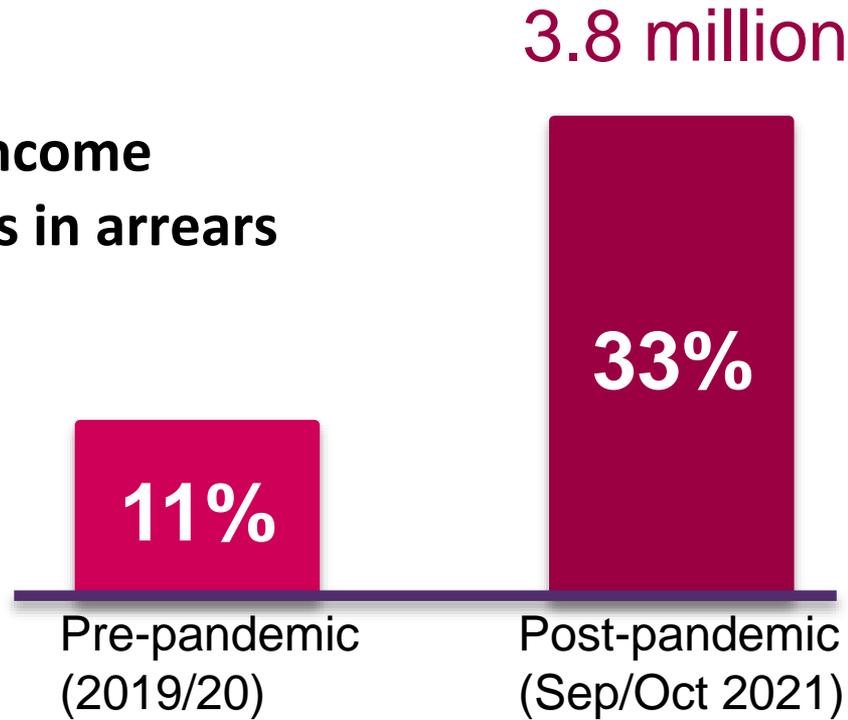
Source: JRF analysis of Understanding Society Covid waves 2020 and 2021

Note: Struggling with their financial situation is defined as those who have said they are finding their financial situation quite difficult, very difficult, or just about getting by.

Debt overhang



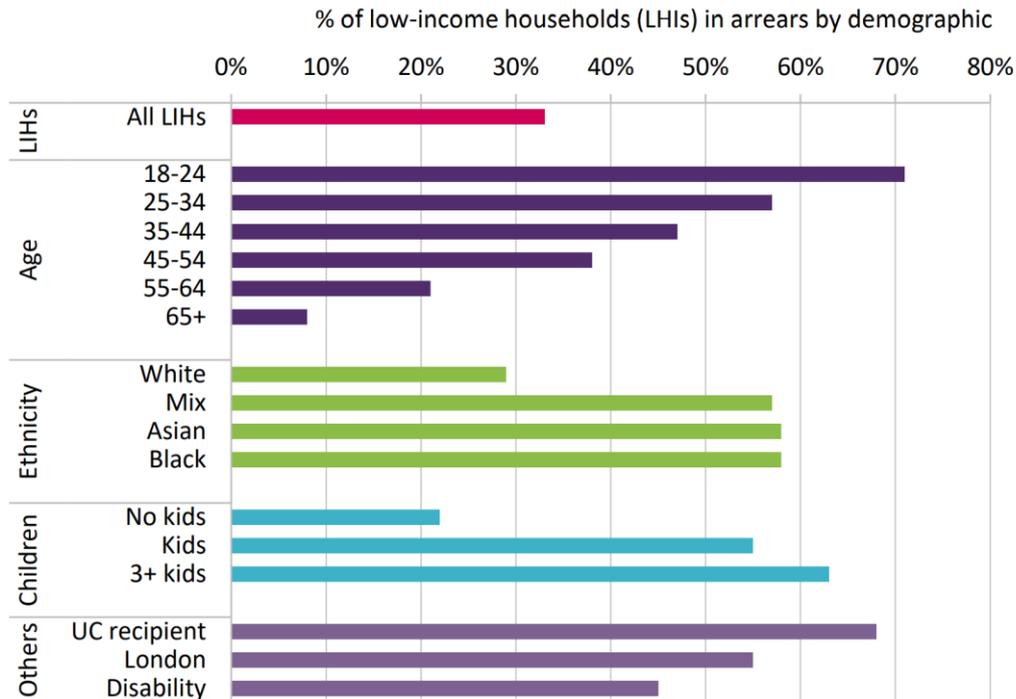
% of low-income households in arrears



Unequal debt overhang



Households are disproportionately more likely to be in arrears if they are young, BAME, have children in their household, live in London and are a UC recipient



The picture in York



York is a great place to live for many...



- Health indicators are mostly good
- There is a lower level of violent crime than in like cities
- School readiness is above average, the GCSE attainment score is higher than national average
- There is a higher economic activity rate in York than in the region
- There is a high level of social action and a strong voluntary and public sector



... But it is a tale of two cities



- 13 year difference in life expectancy from the least to the most deprived parts of the city
- A higher number of part-time, insecure and low paid jobs than average
- 1 in 3 people live in social or rented property
- C.13,000 York residents on UC (of which 7000 are in work)

“When you have a small child and in the middle of a pandemic you have to really deal with everything yourself cause I am a 100% mum to my kid, and sometimes I get a bit frustrated when people don't consider that the dad has completely disappeared. It's a lot of pressure to do everything and it's really nice for someone to come and encourages you to have healthy food and helps you organise. It makes me feel less anxious about stuff.”

Red Tower

We have a LOT of great stuff here!

- A strong civil society and voluntary sector
- A strong economy (with some notable weaknesses – too many poor quality jobs, housing unaffordable for many)
- A strong liberal tradition and culture or which we are, and have been, leaders
- An engaged Local Authority and Health Sector
- A large number of anchor institutions across sectors – Universities, businesses, third sector



Questions for us all



- How to share power?
- Palliative, remedial or preventative?
- Change in the here and now, or longer term radical shift?



Thank you for listening!



AOB and Closing Remarks

David Harbourne
Chair, York CVS
