

# **Director with Lived Experience as an Unpaid Carer for Partners in Dementia**

Partners in Dementia ([www.partnersindementia.org](http://www.partnersindementia.org)) are looking for a Person with lived experience as an unpaid carer, otherwise known as an Expert by Experience, to join our board of Directors and help lead our organisation.

## **About Partners in Dementia**

Partners in Dementia have been supporting people with dementia in York and its surrounding villages since 2018. We aim to support people with dementia and carers to access high quality services and resources to help them on their journey.

In 2025 Partners in Dementia were awarded £168,380 by the National Lottery Community Fund to help upscale and deliver two of our much needed services:

- Cognitive Rehabilitation supports people with dementia to function at their highest possible level in relation to their own important goals.
- Breath, Body, Mind courses for unpaid carers helps them reduce stress and anxiety and help them in their caring role.
- Our other service, Beetle Bank Social Farm, which is separately funded, facilitates access to a working farm, so that people with dementia and other long term health conditions can play a part in the running of the farm. Helping them to remain active and benefit from being in the great outdoors.

## **What difference will you make?**

Working as part of the board of Directors, you will have a great opportunity to shape the future of Partners in Dementia at an exciting point in our history.

Whether you have experience and want to share it, or a passion to get involved and want to learn, then we could have the role for you. The roles are voluntary. You will need time to undertake the activities required for this role. This time is negotiable and dependent on how you'd like to contribute. Other board responsibilities include attending regular board meetings.

Director roles allow you to gain experience working at a board/strategic level and learn what is involved, so no previous experience as a Director is required. While some of our Directors have personal experience as an unpaid carer either current or in the past. You will bring unique insights for our organisation as an Expert by Experience.

### **What will you be doing?**

We are seeking an individual with dementia to contribute to the development of our organisation. This could include:

- Making recommendations about how to improve the way our organisation supports other unpaid carers and people with dementia.
- Creating or reviewing reports on our organisations work.
- Chairing board meetings.
- Writing or documenting about your experiences for conferences and/ or articles.
- Other things you can think of we haven't thought of.

Support will be provided for this role if it is needed.

### **What are we looking for?**

We are looking for a person with lived experience as an unpaid carer who wants to contribute to the running and improvement of our organisation.

### **Time**

Negotiable, but at least 1 hour per week approx.

The role is for as long as you wish to hold the role.

### **Get in touch**

Please get in touch to find out more or express an interest for yourself or someone you know.

### **Contact details**

Please email Justin at: [partnersindementia@gmail.com](mailto:partnersindementia@gmail.com)

Or phone him on: 07932 420726